



Luminous Oak
Academy

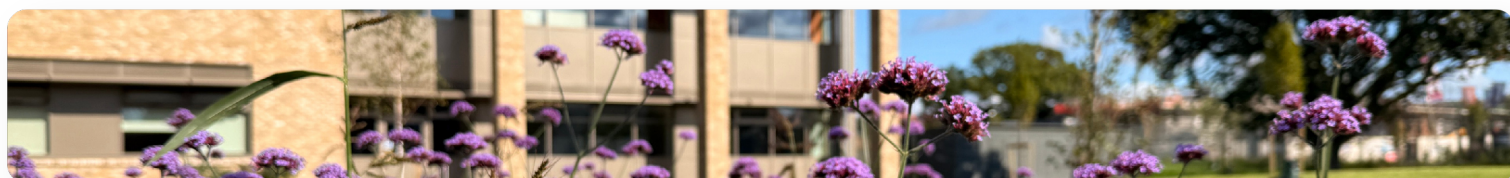
Weekly Newsletter

SOLENT
Academies Trust



DATE: 2ND OCTOBER 2026

luminousoak-academy.net



Our vision

At Luminous Oak Academy our pupils grow strong roots, find their voice and learn to believe that they can achieve great things.

Welcome to Luminous Oak Academy

As another positive week comes to a close, we want to say how incredibly proud we are of all of our pupils. Every child is on their own journey, and we continue to see examples of perseverance, courage, kindness, and growing confidence every day. Thank you for your ongoing support. The partnership between home and school is making a real difference.

This week, pupils have been busy making a positive contribution both in school and within our local community. Several pupils proudly supported staff in delivering messages to local residents, representing the school with maturity and confidence. It has been wonderful to see them developing important life skills while building positive relationships within the community.

Pupils have also enjoyed plenty of practical learning opportunities, including lots of cooking and gardening activities.

We have also been delighted to see so many pupils taking on additional roles and responsibilities around the school. Whether helping with lunchtime routines, creating and maintaining displays, or supporting staff with end-of-day jobs, pupils have demonstrated real pride in their school and a growing sense of responsibility.

Relationships continue to strengthen across the school, and it is fantastic to see pupils supporting one another and celebrating each other's successes. Every achievement, no matter how big or small, helps our school community continue to thrive.

Thank you once again for your support and encouragement. Together, we are helping our pupils grow in confidence, independence, and resilience every day.

With thanks and best wishes,
Louisa & Team.

Key Dates

Autumn Half-Term

19th October – 30th October 26

Christmas Holiday

21st December – 1st January 27

February Half-Term

15th February – 19th February 27

Easter Holiday

26th March – 9th April 27

May Day

3rd May 27

Summer Half-Term

31st May – 4th June 27

Summer Holiday

23rd July – 1st September 27

Inset Days 2026/2027

4th January 2027

12th February 2027

12th April 2027

7th June 2027

Reminder: Metal Water Bottles

A big thank you for swapping any metal water bottles for plastic ones, we are very grateful and thank you for your cooperation.

We would like to thank families for their support in helping pupils transition from metal water bottles to plastic ones. Since metal bottles are no longer permitted in school, we have seen a positive response from families in making this change.

Follow Us on Facebook

Don't miss out on school news, updates, photos, and important reminders! Follow our Facebook page to stay up to date with everything happening across the school and be the first to hear about upcoming events and celebrations.

Find us on Facebook and join our school community today!

[CLICK HERE TO FOLLOW](#)

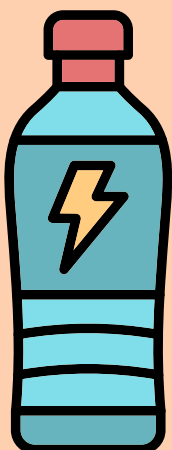
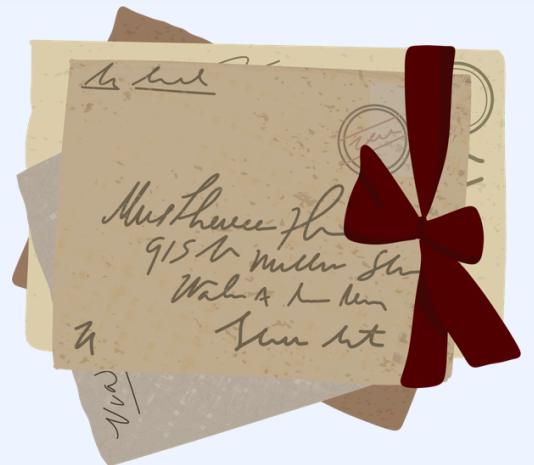
Transport Concerns

Just a reminder that any transport concerns go through Hampshire County Council and not directly through Luminous Oak Academy.

Community Update

The pupils have been out to meet local members of the community sharing information about our school.

We have received messages as a result of this commending the manners and behaviours of our ambassadors. Well done everyone - we are very proud of you and pupils have had some fantastic ideas of how to engage with the community going forward.



Energy Drinks and Squash

We encourage all pupils to bring a refillable plastic water bottle to stay hydrated throughout the school day.

To help support the health and wellbeing of all pupils, energy drinks are not permitted in school. Energy drinks include Lucozade, Powerade, and any other beverages that contain high levels of caffeine or stimulants. If pupils bring these drinks onto the school site, they will be asked to hand them in and a suitable alternative will be provided.

We are working hard to keep the school looking its best for our pupils and squash spillages are sticky so if your child can drink water, please send just water in.

A MESSAGE FROM YEAR 7

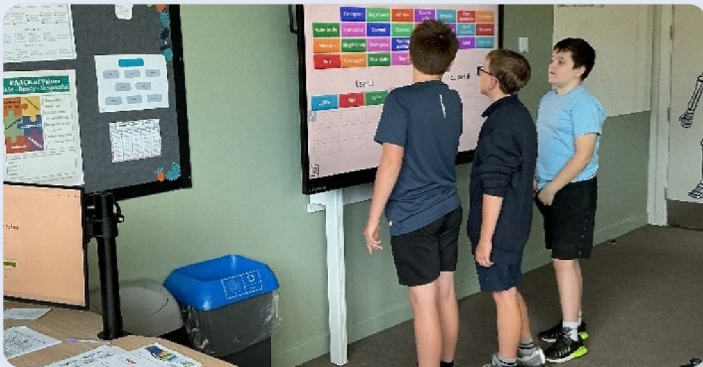
Year 7G9 have had another fantastic week and have continued to show a positive attitude towards learning across all subjects. The pupils have worked hard to build their confidence, develop new skills, and support one another throughout the week.

In Maths, the class interviewed each other to gather data before beginning to explore how this information could be presented and analysed. In English, they enjoyed watching a football match and writing match reports, focusing on key events and developing their writing skills. The pupils have also begun reading our new class novel and have shown great interest in discussing the themes and characters.

As part of our language learning, the children have been practising their Korean using Duolingo and have embraced the challenge of learning new vocabulary and phrases. In PSHE, we explored how anxiety can take many different forms, leading to thoughtful discussions about emotions, understanding others, and ways to offer support.

We are incredibly proud of the effort, resilience, and maturity that Year 7G9 have shown this week and look forward to another exciting week of learning ahead.

Amy



Did You Know?



An **octopus** has three hearts! Two pump blood to the gills, and one pumps blood around the rest of the body.



A **giraffe's** tongue can be up to 50cm long! It is also dark blue or purple to help protect it from the sun.



Butterflies taste with their feet. They use sensors on their feet to help find suitable plants.



Penguins propose with pebbles. Some species give a special pebble to a potential mate as a gift.

Welcome to Our New Library!

We are excited to introduce our brand-new school library! Although work is still ongoing and there are a few finishing touches to be completed, the space is already looking fantastic and is quickly becoming a welcoming environment for our pupils.

Our new library will provide pupils with greater access to a wide range of books, encourage a love of reading, and offer a calm space to explore, learn, and develop their imagination. We can't wait to share the finished result with you and look forward to seeing pupils enjoy this wonderful new resource.

Keep an eye on our Facebook page for updates and photos as the library continues to take shape!



School Timings

Monday - 08:45 - 15:00

Tuesday - 08:45 - 15:00

Wednesday - 09:45 - 15:00

Thursday - 08:45 - 14:00

Friday - 08:45 - 15:00



Weather Ready

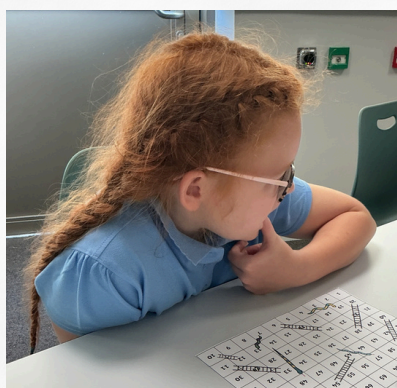


As the weather becomes wetter and colder, please ensure your child comes to school with a suitable coat and footwear each day. Access to outdoor learning and play is an important part of the school experience, and being dressed appropriately helps pupils stay comfortable and enjoy these opportunities all year round.



IN THE SPOTLIGHT

Take a look at some of the highlights from this week across the school. Below is a selection of photographs from each class, showcasing the fantastic learning, creativity, and achievements of our pupils. We hope you enjoy seeing what everyone has been up to!



Year 5 - Harri's Class



Year 6 - Beth's Class



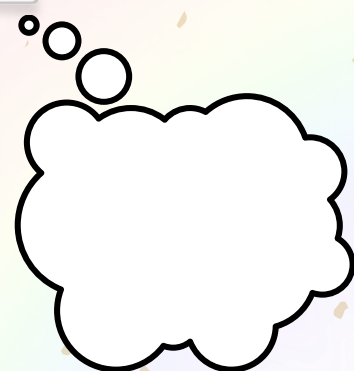
Year 7 - Charlie's Class

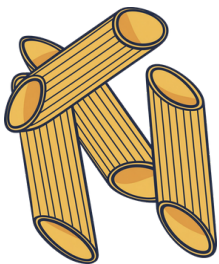


Year 7 - Amy's Class

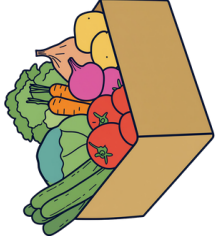


Year 8 - Jess's Class





Lunch Menu



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Week 1 7th Sept, 28th Sept, 2nd Nov, 23rd Nov, 14th Dec				
	Mains	Sides	Dessert	
Mon	Option 1: Macaroni Cheese V Option 2: Flaky Quorn Twist V Option 3: Jacket Potato with Cheese V	Choice of at least 2 vegetables & choice from the Salad Bar	Lemon & Ginger Oatcake OR Fruit OR Yogurt OR Cheese & Crackers V	
Tues	Option 1: Chicken & Bean Curry with Rice Option 2: Frittata V Option 3: Jacket Potato with Tuna Mayo	Choice of at least 2 vegetables & choice from the Salad Bar	Peach Upside Down Cake & Custard OR Fruit OR Yogurt OR Cheese & Crackers V	
Wed	Option 1: Beef Cobbler Option 2: Lentil Roast V Option 3: Jacket Potato with Coleslaw V	Choice of at least 2 vegetables & choice from the Salad Bar	Chocolate Orange Shortbread OR Fruit OR Yogurt OR Cheese & Crackers V	
Thu	Option 1: Pork Sausage Pasta Option 2: Vegetable Goujons V Option 3: Jacket Potato with Cheese V	Choice of at least 2 vegetables & choice from the Salad Bar	Date & Cocoa Swirls OR Fruit OR Yogurt OR Cheese & Crackers V	
Fri	Option 1: Salmon Fish Cake & Fries Option 2: Baked Bean Lasagne V Option 3: Jacket Potato with Beans VE	Choice of at least 2 vegetables & choice from the Salad Bar	Fruity Flapjack OR Fruit OR Yogurt OR Cheese & Crackers V	

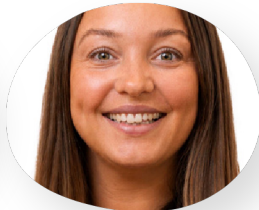
Week 2 14th Sept, 5th Oct, 9th Nov, 30th Nov				
	Mains	Sides	Dessert	
Mon	Option 1: Southern Quorn burger in a bap Option 2: Vegetable Wellington V Option 3: Jacket Potato with Tuna Mayo	Choice of at least 2 vegetables & choice from the Salad Bar	Apricot Oatle OR Fruit OR Yogurt OR Cheese & Crackers V	
Tues	Option 1: Chicken & Thyme Pie Option 2: Chickpea Burger V Option 3: Jacket Potato with Cheese V	Choice of at least 2 vegetables & choice from the Salad Bar	Lemon Drizzle Cake OR Fruit OR Yogurt OR Cheese & Crackers V	
Wed	Option 1: Lasagne & Garlic Bread Option 2: Soy Balls with Tomato Sauce & Pasta V Option 3: Jacket Potato with Coleslaw V	Choice of at least 2 vegetables & choice from the Salad Bar	Pear Pastry Puff OR Fruit OR Yogurt OR Cheese & Crackers V	
Thu	Option 1: Roast Chicken & Roast Potatoes Option 2: Veggie Pasta Bake V Option 3: Jacket Potato with Cheese V	Choice of at least 2 vegetables & choice from the Salad Bar	Apple & Cinnamon Sponge OR Fruit OR Yogurt OR Cheese & Crackers V	
Fri	Option 1: Fish Fingers & Fries Option 2: Meatless Chilli & Rice V Option 3: Jacket Potato with Beans VE	Choice of at least 2 vegetables & choice from the Salad Bar	Fruit Pie & Custard OR Fruit OR Yogurt OR Cheese & Crackers V	

Week 3 21st Sept, 12th Oct, 16th Nov, 7th Dec				
	Mains	Sides	Dessert	
Mon	Option 1: Cheese, Pepper & Tomato Pizza V Option 2: Boston Quorn Sausage & Beans V Option 3: Jacket Potato with Tuna Mayo	Choice of at least 2 vegetables & choice from the Salad Bar	Banana Muffin OR Fruit OR Yogurt OR Cheese & Crackers V	
Tues	Option 1: Roast Pork & Roast Potatoes Option 2: Chickpea Roast V Option 3: Jacket Potato with Coleslaw V	Choice of at least 2 vegetables & choice from the Salad Bar	Cinnamon Bun OR Fruit OR Yogurt OR Cheese & Crackers V	
Wed	Option 1: Shepherd's Pie Option 2: Vegetable Goujons V Option 3: Jacket Potato with Beans VE	Choice of at least 2 vegetables & choice from the Salad Bar	Sultana Cookie OR Fruit OR Yogurt OR Cheese & Crackers V	
Thu	Option 1: Hawaiian Street Pan Chicken Option 2: Cheese & Onion Turnover V Option 3: Jacket Potato with Coleslaw V	Choice of at least 2 vegetables & choice from the Salad Bar	Oatle Fruit Crumble & Custard OR Fruit OR Yogurt OR Cheese & Crackers V	
Fri	Option 1: Tuna Pasta Bake Option 2: Beanie Wraps V Option 3: Jacket Potato with Cheese V	Choice of at least 2 vegetables & choice from the Salad Bar	Chocolate Brownie & Chocolate Sauce OR Fruit OR Yogurt OR Cheese & Crackers V	

Staff at Luminous Oak Academy



Louisa Paston
Principal



Jess Kennedy
Vice Principal



Lauren Wilkinson
High Level Teaching
Assistant



Sophie Sanderson
Administration Lead



Louise Noyce
Administration Officer



Harri
Year 5 Teacher



Beth
Year 6 Teacher



Charlie
Year 7 Teacher



Amy
Year 7 Teacher



Jess
Year 8 Teacher



Charlie
Teaching Assistant



Katie
Teaching Assistant



Laura
Teaching Assistant



Sophie
Teaching Assistant



Mariette
Teaching Assistant



Shel
Teaching Assistant



Alice
Teaching Assistant



Anne-Marie
Teaching Assistant



Kara
Teaching Assistant



Liv
Teaching Assistant

Our Safeguarding Team



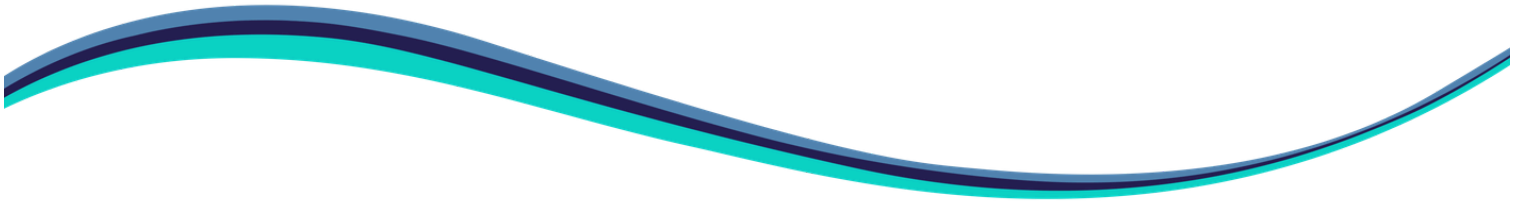
Louisa Paston
Designated
Safeguarding Lead
(DSL)



Jess Kennedy
Deputy Designated
Safeguarding Lead
(DDSL)



Lauren Wilkinson
Deputy Designated
Safeguarding Lead
(DDSL)



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